

## **CODE OF CONDUCT FOR PLAYERS.**

Respect the "Game of Rugby" and play within the laws of the Game.

As part of the team it is important that you attend training regularly and listen to your coach and help your team.

As a team sport it is important to understand that all members are important to the team!

Rugby is a team sport and make sure you co-operate with your coach; team mates and members of your club.

Support all efforts to remove verbal and physical abuse from rugby.

Play with control. Do not lose your temper.

Respect your opponent. Treat all players as you would like to be treated.

Recognise the value and importance of volunteer referees and coaches.

Accept the referee's decision and let your captain or coach ask any relevant questions.

Do not publicly question the referees' judgement.

At the end of the match thank your opponents and the referee for the match.

Winning and losing is part of sport: Win with humility – lose with dignity.

Remember you are representing your team, club, & family.

Always do your best and be committed to the game, your team and your club.

As part of their respect for the club it is only proper that a player should pay his membership in full at the start of the season.